**DESTINATION GUIDE** 









CONTENTS



#### WELCOME TO CASA COOK RHODES

How lovely of you to join us. Kick back, relax and let's enjoy the spirit of summer.



#### ABOUT CASA COOK

Casa Cook Rhodes is the first of a new breed of laid-back summer retreats. 

#### DISCOVER RHODES

It's a big island with lots to explore. Take our tips for different routes.



3

A useful guide for your time with us at Casa Cook.



### CASA COOK RHODES WELCOME TO THE TO THE STATE OF HAPPY

Dear Friends,

We hope you have already been transported into an instant, easy holiday mode. To keep up that blissful state of being, we at Casa Cook have lots in store for you.

Relaxed with spirit is how we define our style. Not only what you see, but how we aim to be as hosts. Deeply inspired by the famous Greek hospitality culture, it's the ethos upon which we've built the experience.

Think of Casa Cook as the perfect house party setting, where everyone's a friend, old or new. Let time drift by in your private poolside paradise but let us also tempt you with our abundant offerings:

Meet us at the Kitchen Clubrecommendations to discover- what we like to call ourthe riches of Rhodes - onCasa Cook hangout. From earlyand off the tourist trails.

morning and well into the night, it's the central spot to relax and revel together. Throughout the day we serve fresh and tasty delights. It's also our 'stage' for frequent happenings - from daily sunset gatherings to chilled-out evenings filled with our DJ's beats.

Don't miss out on indulging body & mind with a yoga class or keeping fit in our wellequipped gym. Our in-house yoga and personal trainers can also be booked for oneto-one sessions.

We've got a fleet of chic beach cruisers to whisk you to the nearby beach and we also encourage you to explore farther afield. Take advantage of our personal recommendations to discover the riches of Rhodes - on and off the tourist trails. Whether you seek a quiet

5

beach, an ancient site or a local tavern, we'll steer you in the right direction.

That's just a taste of what the Casa Cook experience is all about. Our Hotel & Destination Guide has more information for your stay and discovering the island. Let us know how we can help shape your perfect holiday.

A very warm welcome from the entire Casa Cook crew!







## CASA COOK HOTELS UTTERLY LAID-BACK HIDEAWAYS

Casa Cook stands for a new breed of beach hotels, inspired by the spirit of our times and in tune with the mindset of trend-conscious travellers. Each hotel has a distinct personality, meaning there's no one-size-fits-all architecture and never repetitive interiors.

What you will always find is a laid-back vibe and how we've been inspired by the Greek parea - roughly translated as a gathering of friends, it also refers to the unique spirit and energy that comes with celebrating life together. It's part of our warm and welcoming culture and, like the Kitchen Club here, there's always a central spot to meet and chill.

We hope your journey will continue with us to discover our growing portfolio of hotels and destinations. Each boasts a unique location, infused with simple yet stylish design and mellow vibes. Well-being is a focus too, from the healthy food with a side of local flavours, to yoga, fitness and off-site adventures. And of course we wouldn't forget the creature comforts - from heavenly beds to the fluffiest towels. More than beautiful hotels, we want to create placess for an ever-growing Casa Cook family to connect and thrive.

Stay tuned on casacook.com and f /casacookhotels













<u>CASA COOK RHODES</u> INSPIRATION FROM ALL AROUND

Throughout, you'll find a blend of styles and attitudes: urban yet serene, beach-casual with a kick.







#### CASA COOK RHODES PARADISE IS BY THE POOL

The ensemble of low white buildings creates a contemporary contrast to the rugged hillside rising 200 metres behind it. Airy, open and glass enclosed spaces are framed by lush vegetation, multiple pools, broad walkways and wooden decks and pergolas.











#### <u>our rooms</u> TAKING IT EASY

Inspired by the nomadic way of life, the cosy character comes from natural surfaces and earthy tones. Comfy pillows and handpicked accessories add to the warm, bohemian atmosphere. A personal space in which to sink back and slow down.





KITCHEN CLUB

# BEATS, BITES AND BREEZY BEACH



Meet us at the Kitchen Club - what we like to call our hangout, where the bar, restaurant and pool area seamlessly merge. From early morning and well into the night, it's the central spot to relax and revel together.









Throughout the day we serve fresh and tasty delights. It's also our 'stage' for frequent happenings - from daily sunset gatherings to chilled-out evenings filled with our DJ's beats. Come and join us.









YOGA & CO

# **GOOD FOR THE** MIND, GOOD FOR THE BODY

with an invigorating class at our yoga shala. Classes take place on our open-air terrace. To really perfect those poses, teacher Stavroula is also available for one to-one sessions.







For cardio and weights, our well-equipped gym will ensure every muscle gets its full attention. For added motivation or help getting started, let George our personal trainer give you a boost.

If you prefer to mix nature and culture with your athletic activities, join George for a hike up Tsambika hill. It starts just where Casa Cook merges with the mountain and you'll climb 200 metres to the monastery that crowns its peak.





# A MIGHTY MIX OF CONTRASTS

COLOURED BY CENTURIES AND WITH THE FRIENDLIEST PEOPLE, YOU'LL ENCOUNTER EVERYTHING FROM BUZZING BARS TO TURQUOISE BAYS.

It would be impossible to sum up Rhodes in only a few sentences. But we hope to give you a little taste of this big island that has such diverse things to discover. Explore the sites in your travel guide and then keep going - either strolling a few streets away from the souvenir shops, or driving down a road to a tiny village.

That's where you'll find a side of Rhodes where you can still delve into the life that locals live. A tavern where mama cooks, a row of bars where people dance in the street, a small harbour where fisherman sell their catch off a boat, or high winding roads with weather-beaten signs pointing to a cliffenclosed bay. The main tourist centres are concentrated in the northern half of the island and around Lindos. The farther south or inland you go, the farther you'll leave the crowds behind.

The wild and mountainous interior is flanked by miles of ever-changing coastline: windswept and hiding small coves in the west and long strips of sand or pebbles in the east, either brimming with beach bars, or remote spots where it's just a handful of people enjoying nature. Intact villages and cultural sites are dotted throughout the island. No matter which route you decide to take, you're certain to come upon warm smiles and friendly locals.











Old and new sit side by side in Rhodes Town. Every corner has something to surprise from local life at the neighbourhood barber to cool cafes built on centuries of history.







Our favourite holidays are always those with a good measure of deep relaxation and a generous dose of inspiration. So think of Casa Cook as both your sanctuary and your springboard for discovering the nature, cuisine, culture and clubs that your inner explorer has been craving most.

We'd love to help you find them. As a start, have a look at these three recommended routes from the hotel.

















TOUR CASA CODA JAR BURNA J

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Take the scenic roads through the mountains and to the other coast. First come the Seven Springs in a verdant valley - refreshing and a natural wonder. Through the forest you'll arrive at the surreal scene of Eleousa - an abandoned sanatorium built by the Italians. Then keep your camera handy for the 15th century frescoes in the mini church at Fountoukli. Further up, Mount Profitis Ilias is for hiking, views and a history lesson to understand the alpine architecture and how it's connected to Mussolini.

Take a detour to Apollona for a taste of village life, including the baked goods from the agricultural women's collective or the tavern's traditional dishes, made by mama.

The west coast is where you'll find more secluded beaches. Amartos is an off-road drive through olive groves; Kopria beach lies in a tiny rocky bay. Following the main road south, you'll arrive in the preserved village of Siana, known for its honey and souma. Roam the small streets lined with stone houses, fig and olive trees.

Not far is Monolithos and its medieval fortress ruins, precariously perched atop a hill with sublime views and a white-washed chapel. Nearby, idyllic Fourni beach has a café, surf, and a pebbled beach enclosed by cliffs - and caves for those who dare to explore.



MANDRIKO

KOPRIA BEACH

ALIMIA

CHALKI

ALAVARDA

AEGEAN SEA



APOLLON

GLYSTRA

BEACH

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MESSANAGROS



MAVROS KAVOS

PRASONISI



#### NORTH TO RHODES TOWN

Travelling north from the hotel you'll find a part of the island that is quite developed. But between kitschy offerings are also gems wellworth discovering. Like Anthony Quinn Bay where pine trees envelop the camera-ready cove. Explore the historic Kallithea Springs and other nearby bays before continuing on to the enchanting Old Town of Rhodes, as well as its vibrant New Town counterpart. Despite the names, both are alive with ancient and modern culture.

In terms of fame and history, the Old Town has a slight advantage. It's the oldest inhabited medieval city in Europe and a UNESCO world heritage site. You'll find layers upon layers of culture from different eras, all cobbled together in a network of alleys. Take in the grand architecture and lose yourself in the labyrinth to discover out-of-the-way cafes and shops that cater to locals and those seeking more than mainstreet souvenirs.

Befitting its name, New Town is the site of the Museum of Modern Art as well as buzzing restaurants, the New Market, trendy bars, clubs as well as big brand shops.

And just a stone's throw away are special beaches worth checking out: lively Elli Beach with its old-school diving platform and Kato Petres, quiet and tiny, in between two giant sea-lapped rocks.

### SOUTH TO LINDOS

Taking the southern route, you'll first come upon Tsambika beach - a lovely strip of sand, with watersports, bars and quieter spots at the furthest end. The drive to Stegna beach opens up spectacular seaviews. Stegna itself has many taverns and is a good place to get a lift by boat to a remote beach such as Kokkini Ammos.

Rounding the cape you'll come upon the golden sands of Agathi Faraklou Castle and wellorganised Haraki beach. Beauty attracts, so make sure to come early for a choice of spots. Next stop is Lindos - a fortress-topped village of stacked white houses spilling into the sea. This is a popular spot, so be warned you won't be alone in wandering the hilly maze. Its beauty shines brightest in the morning or evening. Nearby St Paul's Bay and Glystra beach are blissful spots to spend the day.

Dotted between Lindos and the kite-surfing paradise of Prasonisi are villages and beaches to discover. The island's end is marked by a lighthouse and walking paths. Or venture to remote Mavros Kavos beach along an unpaved road. Come with lots of water and ideally by SUV.

MEDITERRANEAN SEA



#### A USEFUL GUIDE FOR YOUR TIME WITH US AT CASA COOK RHODES. **GOT QUESTIONS? PLEASE ASK!**

#### RECEPTION

24-HOUR TIPS & ASSISTANCE Whether you're an early bird or night owl, we're here for you! Stop by the Reception Desk at any time and we'll help you with

everything from restaurant

tips and reservations to

advice on trips and tours.

#### CHECK OUT

The check-out time is 12:00 noon. Can't bear to leave so soon? Give the Reception at least one day's notice and we'll do our best to secure you the room for the day at a reasonable rate.

#### LUGGAGE SERVICE & STORAGE

Once you've packed and said your goodbyes to your poolside paradise, dial 0 and we'll help with the luggage. And don't worry, we won't tell anyone about the tears. We're also happy to store your **PAYMENT** luggage - the storage room is You may settle your account next to the Reception.

#### TRANSFERS

Need help getting from here to there? We'll arrange an

individual transfer at extra cost - simply let us know the day before your departure.

#### CAR HIRE

Want to explore Rhodes in your own set of wheels? We'll make the arrangements through our partnering car hire company - just ask at Reception.

#### BIKE HIRE

If two wheels is more your speed, let the Reception know you would like to hire a super Check out the magazines, chic beach cruiser.

#### PARKING

You're welcome to park your car for free, but please not in front of the hotel's main entrance. And like anywhere else, be smart, as the car and what's inside are your responsibility.

at the Reception Desk whenever you please, day or night. We accept cash payments, Visa, MasterCard and American Express.

#### YOUR EXPERIENCE

We'd love to hear your feedback, during or after your stay. We hope it doesn't happen, but should a problem or concern arise, please let us know and we'll make every effort to solve it as quickly as possible. Please contact the Reception through the operator - dial 0.

#### CASA COOK STORE

Open 24 hours, we have things you'll need for a day off site, or a sleepless night. books and beachwear. We've also got home accessories, hammocks and cosmetics - so you can take home a bit of the bohemian dream.



The kitchen is the heart and soul of every home. The same is true for our Kitchen Club. From morning to night, it's the spot to gather, meet old friends and make new ones. We're always cooking or mixing up something fresh and special. For the palate as well as the ears.

#### EARLY MORNING

For those getting an early start, we're happy to arrange a caffeine kick or a small breakfast before 7:00 am. Let our Reception know the day before.

#### BREAKFAST

Our buffet breakfast is brimming with homemade delights and awaits you every day from 7:00 to 11:00 am at the Kitchen Club.

#### LUNCH

Our day menu is served daily at the Kitchen Club from noon to 5:00 pm. For a light or large lunch, early or late the choice is yours.

#### DINNER

Our evening menu is served daily from 7:00 pm, with last orders at 10:30 pm.

#### APERITIVO

As the day winds down, meet us at the bar of our Kitchen Club. It's the spot for delightful drinks, tasty small bites and the best DJ beats. Every evening from 5:00 - 6:00 pm. Join us!

#### BEFORE, AFTER & IN BETWEEN

Poolside and at the bar is where you'll find the Casa Cook happiness hub. Serving you chilled drinks and tunes, are unattended. courtesy of our resident DJ.

#### ROOM SERVICE

Our day menu, wine and drinks are available for in-room dining from 7:00 am - 10:00 pm, and drinks may be ordered until 0:30 am. Please dial 910 for Room Service.

#### FRESH AIR FOR FRESH FOOD

We've all got our vices. If smoking is yours, kindly enjoy it outdoors - follow the fog for the appropriate spot.



#### BODY & MIND

If you need more than hot sunny days to get up a sweat, the well-equipped gym is open from 10:00 am - 08:00 pm every day.

You can also book a personalised programme with our private trainer. Please ask the Reception to set it up.

#### YOGA YEARNINGS

Salute the sun under the open sky. We offer yoga classes every morning and evening. Book a class at the Reception or arrange a one-to-one session during the day.

#### SWIMMING POOLS

Towels are provided so you don't need to bring your own. But please note that all pools

#### TECHNOLOGY & SERVICES

#### TELEPHONES

Need to keep in touch with the outside world? Dial 9 for an external line. Please note that calls are subject to charges and these will automatically be added to your bill.

#### ADAPTOR

Plug and socket misfits happen. Come by the Reception - we have a variety of adaptors on hand.

#### VOLTAGE

Our electrical supply is 220v. For your safety and ours, Greek law forbids the in-room use of appliances like irons, cooking equipment, jackhammers... you get the idea.

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So many channels, so many choices. Ease back, surf or learn a new language - or two, or three. Our multilingual satellite programmes make it possible.

#### WIFI

We have free WiFi and various connections available throughout the hotel. Just search on your device and hook up to the strongest signal. Please ask the Reception for the current password.

#### YOUR CASA COOK ID

The sleeve of your keycard serves as your identification throughout your stay. Please carry it with you at all times, especially when dining, or putting a charge on your bill. In case of loss, please inform the Reception.

#### KEYCARD POWER

When entering your room, place the keycard into the special socket to turn on the electricity. Remove it when you leave your room and the power will be turned off (except what's needed to keep your beer cold). We thank you. The Earth does too.

#### VALUABLES

You will find a personal safe inside your wardrobe. Follow the instructions to set your own code. Make sure to retrieve your valuables and leave the safe door open upon your departure. Please note that we cannot accept responsibility for the loss of any valuables.

#### WAKE - UP CALLS

In the unlikely event that you would like to be woken up during your holiday, please contact Reception (dial 0).

#### AIR - CONDITIONING

You can adjust the temperature to your liking by 50% surcharge. Please note using the control panel. Be kind to the environment and keep your windows and doors closed when it's in use.

#### DO NOT DISTURB

At the push of a button (the one by the entrance door) the red light is our sign that you at any time of day or night. need your privacy.

#### PRINTING

Let us know if you need a boarding pass or document printed and we're happy to do it for you at the Reception. If it's your just-completed novel, we'll direct you to the nearest printing shop.

#### **GOOD TO KNOW**



Please consult the Reception (stop by or dial 0) for a current bus schedule.

#### CURRENCY EXCHANGE

Need Euros? Our foreign currency exchange service is all areas, in compliance available at the Reception, any time, day or night.

#### LAUNDRY & DRY CLEANING

Please complete the laundry list, place clothes in the bag provided and either hand it to your chambermaid or dial O for pick-up. Regular service takes two days and pressing only one. Same-day service is available for a that there is no service on Sundays or public holidays even substitute mums need a day off.

#### DOCTOR & DENTIST

The Reception can call a doctor for you on request, Please check with your health insurance or tour operator regarding your insurance coverage.

#### PHARMACY

The closest pharmacy is located in Kolymbia, approximately 1200m from the hotel. For any help, just ask at Reception.

#### FIRST AID

First aid kits are available at the Reception.

#### FIRE PRECAUTIONS

Please carefully read the fire precautions card with floor plan, next to your room's entrance door. Smoke detectors operate in with the latest safety requirements.

Fire extinguishers are available in each walkway. In the event of fire, please advise the telephone operator (0) and leave the building immediately. Assembly point is the car park in front of the hotel.

#### POOL SAFETY

Please be aware of the safety instructions and take care of slippery spots around the pools.

Kindly note that there is no lifeguard on duty in any of the pools and that diving is not permitted.

Drinking alcohol and swimming is a bad idea, thanks for being responsible and refraining!

#### LOST & FOUND

Whether you've lost or found something, the Reception will do its best to reunite stray items with their owners.

Enjoy your stay !







#### **CASA COOK STORE**

The concept store offers eclectic wares to outfit self and home - from cushion covers and sandals to an array of hippie baubles and hammocks. TineKHome, Housedoctor and American Vintage are among the handpicked homeware and fashion brands. Open 24 hours.